

British Universities Life Saving Clubs' Association Championships 2014 Entry Pack

December 2014

British Universities Life Saving Clubs' Association

Written by Alexander Blandford





British Universities Life Saving Clubs' Association Championships 2014

Venue: **University of Bath**

Date: **15th - 16th March 2013**

Registration: **TBC**

Championships Coordinator: **Alexander Blandford**

Championships@BULSCA.co.uk

£31.50 per person for Championships Squads

£16/£23 per person for up to 3/7 Individual Speed Events for the Student Speeds (Saturday)

£40 per four person team for the Student Nationals (Sunday)

Key dates

BULSCA_01 Squad entry	Friday 17 th January 2014
BULSCA_02 Judges and Non Squad affiliated Helpers	Friday 31 st January 2014
BULSCA_03 Equipment form	Friday 31 st January 2014
BULSCA_04 Squad – Final names (<i>including prerequisites</i>)	Monday 24 th February 2014
BULSCA_05 Individual speed entrant*	Monday 24 th February 2014
BULSCA_06 Non Squad team entry (Student Nationals) †	Monday 24 th February 2014
BULSCA_07 Young Person form*†	Monday 24 th February 2014
BULSCA_08 Photography form*†	Monday 24 th February 2014
BULSCA_09 Accommodation, T-Shirts and Food*†	Monday 24 th February 2014
BULSCA_10 Reserve replacement	After Monday 24 th February 2014
BULSCA_11 Speed Times – Final times*†	Sunday 9 th March 2014
BULSCA_12 Student nationals – Final names†	Sunday 16 th March 2014
BULSCA_13 Appeals form*†	Over the Championships weekend
BULSCA_14 Accident/Incident report*†	Over the Championships weekend

*Applicable to Individual Entrants (Saturday) †Applicable to Non-Squad Teams (Sunday)



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Form **BULSCA_01** **Squad entry**

Please return to Alexander Blandford, championships@BULSCA.co.uk, by **Friday 17th January 2014**

Teams are charged at £31.50/person in a squad

Club name	
Number in squad	
Cheque/Transfer payment to BULSCA	£
Captain signature	

Contact

Name	
Email address	
Phone number	

Helpers

Each club/team should note that they must supply helpers as per rule 2.6 in the 2014 BULSCA Championships Rules and printed below.

These rules have changed since the 2013 BULSCA Championships.

2.6. Each participating Club must provide the services of helpers, bodies and timekeepers as per the Championships rules 2.6.1 and 2.6.2

2.6.1. Should a participating Club be competing in the Speeds, they must provide the services of at least one (1) non competing helper for the duration of the Speeds and one (1) Timekeeper per event for each event at the Speeds

2.6.1.1. The timekeeper provided for each event must not be competing in that event

2.6.1.2. At the discretion of Management the Timekeeper may be required to undertake other tasks helpful to the smooth running of the day

2.6.2. Should a participating Club be competing in the Nationals, they must provide the services of at least one helper and/or casualty per four (4) competitors for the duration of the Nationals

2.6.2.1. For the 4x12m Line Throw Relay and the 4x100m Swim and Tow Relay each club must provide the services of at least one (1) Timekeeper

2.6.3. Squads failing to meet this criterion may [...] compete at the discretion of Management.



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Form BULSCA_02 Judges and Non Squad affiliated Helpers

Venue: University of Bath

Date: 15th-16th March 2014

Please return by **Friday 31st January 2013** to Alexander Blandford, championships@BULSCA.co.uk

Name	
Contact number	
Email	
Branch	
University (please list all Universities you are/have been affiliated with)	

Judges – tick the applicable

- | | |
|---|--|
| Training a University team <input type="checkbox"/> | Judging at a local University competition <input type="checkbox"/> |
| RLSS TA / S&S Instructor <input type="checkbox"/> | Judging at many University competitions <input type="checkbox"/> |
| Medically Trained <input type="checkbox"/> | BULSCA Judge <input type="checkbox"/> |
| Qualified Timekeeper <input type="checkbox"/> | RLSS Judge Branch <input type="checkbox"/> |
| Qualified Starter <input type="checkbox"/> | Regional <input type="checkbox"/> |
| | National <input type="checkbox"/> |

Helpers - tick the applicable

- University Life Saving club member/alumni
- Frequent helper / body at Life Saving competitions
- Infrequent/Non experienced helper/body

Availability

- | | | |
|---------------------------------|--|--|
| Saturday 15 th March | Registration <input type="checkbox"/> | |
| | Speed Nationals <input type="checkbox"/> | |
| Sunday 16 th March | SERCs <input type="checkbox"/> | |
| | Rope throw / Swim tow <input type="checkbox"/> | |
| | Presentations <input type="checkbox"/> | |

Additional Information

- T-shirt size XS S M L XL
- Vegetarian



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Form **BULSCA_03** **Equipment form**

Please return to Alexander Blandford, championships@BULSCA.co.uk, by Friday 31st January 2014:

Contact

Name	
Club name	
Email address	
Phone number	

Please state all equipment that is owned by your club.

Please also indicate what equipment you will be able to bring with respect to your planned travel arrangements.

Equipment available	Owned		Able to bring currently	
	Number	Dimensions	Number	Dimensions
Orange Manikins w. 3 bungs		-		-
Yellow ILS tube		-		-
16-18m Rope		-		-
Gates		210cm x 70cm		210cm x 70cm
Rigid crossline		17m		17m
Stopwatches		-		-
Handheld Radio		-		-



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Forms **BULSCA_04** Squad – Final names

Final names to be added to a form on www.BULSCA.co.uk.

Please return to Alexander Blandford, championships@BULSCA.co.uk by **Monday 24th February 2014**

Reserves must also be specified by this date in order to be eligible for use as replacement competitors. Up to one (1) Reserve is permitted per Male and Female Squad. Reserves for the Male Squad may be of either sex.

Times may be added until **9th March 2014**.

Competitors

Each competitor must hold a valid qualification for the duration of the Championships (*Please see the Championships Rules 2014 for a list of valid qualifications*). Proof of this **must** be emailed to Alexander Blandford, championships@BULSCA.co.uk, by **Monday 24th February 2014**

Each competitor must be eligible to participate at BULSCA competitions as detailed in section 6.2 of the BULSCA Constitution v2.2. Proof of this **must** be emailed to Alexander Blandford, championships@BULSCA.co.uk, by **Monday 24th February 2014**. (Examples of proof include: a student card; a proof of Student Status Letter from your university along with photo ID such as a driving license/passport – *Some form of photographic ID must be included*)

Helpers

Each club/team must supply helpers as per rule 2.6 in the 2014 BULSCA Championships Rules. Please complete the information below, indicating their availability for each day and return to Alexander Blandford, championships@BULSCA.co.uk by **Monday 24th February 2014**.

Name and email address of helper(s) as applicable	Exp*	Sat	Sun
1.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

*Please indicate whether the helper has previous experience helping/bodying at life saving competitions



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Forms **BULSCA_05** **Individual Speeds entrant**

Please return by **Monday 24th February 2014** to Alexander Blandford, championships@BULSCA.co.uk
Individual competitors will be dealt with on a first come, first serve basis. Entry times may be submitted up to the **10th of March 2014**.

The Championships Coordinator reserves the right not to accept your entry in exceptional circumstances.

Individuals are charged at £16 to compete in (up to) 3 events or £23 to compete in (up to) 7 events

Contact

Name	
Club name	
Email address	
Phone number	

Events

Please rank the events you would like to compete in (1-7, 1= Most like to compete in):

Obstacle swim 200m	
Manikin carry 50m	
Rescue medley 100m	
Manikin Carry with fins 100m	
Manikin Tow with fins 100m	
Super Lifesaver 200m	
Line Throw	

Each competitor must hold a valid qualification for the duration of the Championships (*Please see rules for a list of valid qualifications*). Proof of this **must** be emailed to Alexander Blandford, by **Monday 24th February 2014**.

To be eligible to hold Student records you must fulfil the eligibility criteria as detailed in section 6.2 of the BULSCA Constitution v2.2 (if you have any questions regarding your eligibility please contact Alexander Blandford). Proof of this **must** be emailed to Alexander Blandford, by **Monday 24th February 2014**. (Examples of proof include: a student card; a proof of Student Status Letter from your university along with photo ID such as a driving license/passport– *Some form of photographic ID must be included*).



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Forms **BULSCA_06 Non Squad team entry (Student Nationals)**

Please return to Alexander Blandford, championships@BULSCA.co.uk by **Monday 24th February 2014**

Non Squad teams will be dealt with on a first come, first serve basis. Entry times for the Swim & Tow may be submitted up to the **10th of March 2014** by email to Alexander Blandford if not completed below.

The Championships Coordinator reserves the right not to accept your entry in exceptional circumstances.

Teams are charged at £40 per team

Club name			
Club contact signature			
No. teams required (Please circle)	A Team	B Team	C Team
4x100m Swim & Tow Relay time			

Helpers

Each four person team must supply a helper/body for the day as per rule 2.6 in the 2014 BULSCA Championships Rules. Please complete the below with the relevant information. Should you have any concerns regarding supplying a helper for the day please contact Alexander Blandford.

Name and email address of helper(s) as applicable	Exp*
1.	<input type="checkbox"/>
2.	<input type="checkbox"/>
3.	<input type="checkbox"/>

*Please indicate whether the helper has previous experience helping/bodying at life saving competitions

Each competitor must hold a valid qualification for the duration of the Championships (*Please see rules for a list of valid qualifications*). Proof of this **must** be emailed to Alexander Blandford, by **Monday 24th February 2014**.

To be eligible to hold Student records each team member must fulfil the eligibility criteria as detailed in section 6.2 of the BULSCA Constitution v2.2 (if you have any questions regarding your eligibility please contact Alexander Blandford). Proof of this **must** be emailed to Alexander Blandford, by **Monday 24th February 2014**. (Examples of proof include: a student card; a proof of Student Status Letter from your university along with photo ID such as a driving license/passport – *Some form of photographic ID must be included*).



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Forms **BULSCA_07** **Young person – under 18 years**

To be completed by a parent/guardian:

Please return to Alexander Blandford, championships@BULSCA.co.uk, by **Monday 24th February 2014**

Individual competitors will be dealt with on a first come, first serve basis.

Contact

Name	
Club name	
Email address	
Date of Birth	

Supervisor/Coach details (to be present at the event)

Name	
Relation to the individual	
Email address	
Phone number	

I give permission for the individual named to engage in the BULSCA National Championships on the 15th and 16th March 2014. The individual will be representing their Life saving Club.

Please indicate that you consent the individual to attend the following sections of the Championships. Your signature indicates that you are aware of the risks that are present and have advised the individual to minimise any danger. Any behaviour or incident involving the individual shall be responsibility of the individual and the Life saving club they represent.

Student speeds	
Evening social	
Student Nationals	

I understand that the individual is less than 18 years old, and will have an adult to supervise them at all times, as stated in the Royal Life Saving Society Child Protection guidelines.

Parent/Guardian Print Name:

Signed:

Date:

A signed copy must be brought to the Competition



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Forms **BULSCA_08** **Photography permission**

Please return to Alexander Blandford, championships@BULSCA.co.uk by **Monday 24th February 2014**

One form to be completed by each squad/team (unless containing competitors under 18 where a separate form per competitor is required. In this case please return the form by the date above, ensuring parent/guardian signed copies are brought to the competition).

As part of our communication activity, BULSCA occasionally uses photography for publicity purposes. You give your permission for photographs or film of yourself or your club members, to be taken for the inclusion on and in our publications, website and other publicity material. The images will remain the property of BULSCA, and will be used for the designated purpose of promoting BULSCA and raising awareness of the sport.

Name	
Club name	
Email address	

I allow BULSCA to hold and distribute photos and film as part of publications, as stated above, which may contain the individual listed.

Signed:

Date:

Young Person – under 18

If the participant is under 18 years, a parent or guardian should complete the following:

Young Person Name	
Young Person Date of birth	
Name of parent or guardian	
Contact email/phone number	

I allow BULSCA to hold and distribute photos and film as part of publications, as stated above, which may contain the individual listed.

Parent/Guardian Signature:

Date:

A signed copy must be brought to the competition



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Forms **BULSCA_09** **Accommodation, T-Shirts and Food**

Please return to Alexander Blandford, championships@BULSCA.co.uk by **Monday 24th February 2014**

Please complete the below for your club (or individual if applicable) **including** helpers

Name	
Club name	
Email address	
Phone number	

Accommodation

Please note we are unable to host any under 18s. If this is an issue please contact Alexander Blandford

Number requiring accommodation on Friday night	
Number requiring accommodation on Saturday night	

T-Shirts

Please note the sizes below relate to standard Men's/Unisex T-Shirts

	Competitors	Helpers
Number of XS T-Shirts Required		
Number of S T-Shirts Required		
Number of M T-Shirts Required		
Number of L T-Shirts Required		
Number of XL T-Shirts Required		

Food

	Vegetarian	Non-Vegetarian
Number requiring food (Sat evening only)		



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Form BULSCA_10 Reserve replacement

To be used from **Monday 24th February 2014**.

Club name	
Reserve competitor	
Competitor to be replaced	

Reserves must have been specified before Monday 24th of February 2014 in order to be eligible as replacement competitors.

The Rules governing the use of Reserves, and the effect of this on a Club's scoring, can be found in section 3 of the Championships Rules 2014. These Rules vary depending on the time, relative to the Championships, at which the use of a Reserve is requested. Please read them carefully.



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Forms BULSCA_11 Squad – Final times

Final times to be added to a form on www.BULSCA.co.uk.

Please complete by **Sunday 9th March 2014**.



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Forms **BULSCA_12 Student nationals – Final names**

Please complete by **Sunday 16th March 2014**.

Squad name	
Squad contact signature	
No. in squad	

Teams must comply with the rules stated in the 2013-14 BULSCA Competition Manual, and must be made up of individuals who participated in the Student Speed Nationals.

A Team	C	
	2	
	3	
	4	
B Team	C	
	2	
	3	
	4	
C Team	C	
	2	
	3	
	4	



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Forms BULSCA_13 Appeals form

Please use the appeals form in the current BULSCA competition manual.



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Form BULSCA_14 Accident / incident report

Name of person involved in accident / incident	
Address of person involved in accident / incident	
Date of accident / incident	
Area incident occurred in	
Incident that occurred	
Extent of accident / incident	
Who was contacted?	
Witness	
How could it be avoided?	

If you require more space please continue on a separate sheet.

Signed:

Date: